

The Women At RiskSM Program

Sponsored by

Western Carolinians for Criminal Justice, Inc.

Report to the Asheville City Council

December 17, 2002



***Women At RiskSM is a community-based treatment alternative
for women at risk of going to jail or prison.***

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THE WOMEN AT RISK_{SM} PROGRAM

Report to the Asheville City Council

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THE WOMEN AT RISK_{SM} PROGRAM

Fact Sheet

MISSION	Women At Risk (WAR) is a 16-week community-based treatment program serving female offenders as a special condition of regular or Intensive probation. The program is sponsored by Western Carolinians for Criminal Justice, Inc. (WCCJ) .
PURPOSE	Women At Risk works to reduce recidivism among female offenders, as well as the necessity to imprison them by providing a comprehensive treatment alternative to prison.
GOAL	Women At Risk assists women to remain out of custody, to succeed on probation and to overcome self -destructive and abusive behaviors, which brought them to the court's attention and the risk of imprisonment.
TARGET	Women At Risk screens the court and jail rosters for eligible defendants who may receive either a Community or Intermediate Punishment as defined by Structured Sentencing. Women At Risk may serve as a component of a Community Penalties Plan and may be suitable for probation violations.
SERVICES	Women At Risk services include weekly two-hour intensive group sessions, intensive individual case management and court advocacy. Women At Risk monitors the attendance and participation of each client and provides individual written reports to probation, the court and other referral sources.
OUTCOME	The desired treatment outcome for Women At Risk is to reduce the degree of self-destructive attitudes and negative personal choices that shape a woman's criminal activity and court involvement. The desired correctional outcome is to lower recidivism among this offender population.

THE WOMEN AT RISK_{SM} PROGRAM

Glossary of Terms

Referrals: Referrals are recorded when a potential client or her referral source calls us to set up an intake.

Cases Opened: We consider a case opened when we have finished the intake process. This means we have conducted case management, mental health, and substance abuse assessments.

BC Jail Screening: Staff from Women At Risk/Buncombe County conducts weekly screenings at the Buncombe County Detention Facility. Some of these contacts result in referrals at a later date.

Terminations: A case is terminated when we close the file because of lack of contact with a client, non-compliance with our requirements, incarceration, or referral to another program.

Graduates: To graduate from Women At Risk clients must attend 16 group sessions, pay the \$20 fee, and complete any other individualized program requirements.

Active Clients: Active clients are clients who have completed intake and are "on schedule" with our program on the last day of the fiscal year. They have either started attending group or are scheduled to begin group. (This is not a cumulative number.)

Successful Progress: This is the total number of Graduates plus Active Clients.

THE WOMEN AT RISKSM PROGRAM

List of Services

Assessment: All clients go through an extensive interview and assessment process that includes gathering information about case management needs and criminal history, plus mental health and substance abuse evaluations.

16-week Therapy Group: All clients are required to attend this group co-facilitated by two licensed therapists. This is a psycho-didactic group. The therapy is oriented towards creating a cognitive awareness of the relationship between a woman's personal choices, her current court involvement, and her past history.

Case Management: Case management services are offered to clients who are active in our therapy groups. This includes direct assistance with needs such as employment, medical care, and housing, as well as referrals to other agencies.

Court Advocacy: We have a representative in court 4 days a week. She is available to provide support to our clients and sentencing alternatives to the court.

Jail Outreach and Screening: We go to the jail once a week to screen women for case management and criminal justice needs. We also make referrals to other agencies and community programs.

Substance Abuse Services: Recovery is a primary issue for many of our clients. We offer a substance abuse assessment at intake, three levels of substance abuse treatment including relapse prevention, and support for recovery in our therapy group. In addition, there are two AA groups for women that meet in our building each week.

Abuser Treatment Group: "Deciding Against Violence" is a 26-week program for women who are referred by the court or DSS to work on developing skills for being non-violent in relationships. "Deciding Against Violence" is a state approved abuser treatment program.

Psychiatric Services: Jack Stahlman, a nurse practitioner with psychiatric training, sees clients here twice a month.

GED and Literacy: AB-Tech is providing a GED and literacy class on-site that is open to the public.

HIV and STD Screenings: Tim Nolan from Western NC Community Health Services is available once a month to provide free health screenings and blood tests for HIV and STD's. Lori Thornton from the Western NC AIDs Project provides safe sex information and condoms for our clients.

Food Distribution: We are an approved agency with Manna Food Bank, and are able to provide snacks and meals on-site.

The Women At Risk_{SM} Program

Weekly Schedule at 218 Patton Avenue, Asheville, NC

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM				9:00 Client Intake		
	9:15 Court	9:15 Court	9:15 Jail Screening	9:15 Court	9:15 Court	
			9:30-11:30 AB Tech G.E.D. Classes			
10:00 AM		10 - 11:30 Substance Abuse Treatment			10:00 Client Intake	
	10:30 Client Intake			10:30 Client Intake		
11:00 AM		11:30 Yoga for Health	11:30 Client Lunch			11:30 Women's AA Mtg
12:00 PM			12 - 2 Women At Risk Group	12 Women's NA Mtg		
				12:30 Client Intake		
1:00 PM		1:00 Client Intake			Daily Case Management	
	1:30 Psychiatric Consult	1:30 - 3 Deciding Against Violence		1:15 - 2:15 Substance Abuse Education		
2:00 PM			2:15 - 4:30 Staff Mtg			
3:00 PM	3:00 - 5:00 Women At Risk Group					
4:00 PM						
5:00 PM	5:15 - 7:30 Helpmate Support Group					
6:00 PM				6-7:30 Helpmate Life Skills		
7:00 PM		7 Women's AA Mtg.				

Legend:	Court and Jail Screening	Treatment/Group Meetings	Staff Activities	Client Intake & Lunch
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The Women at Risk_{SM} Program

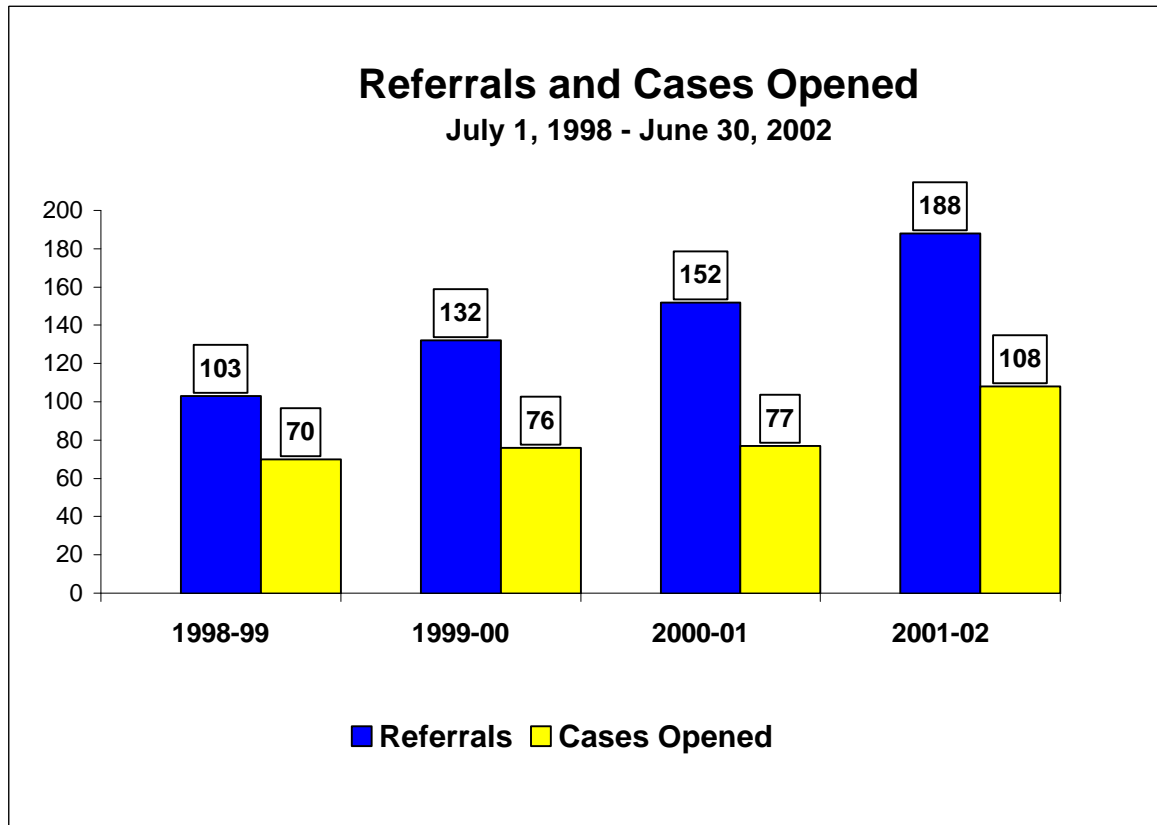
28th Judicial District - Buncombe

Activity Reports

ACTIVITY

(See Women At Risk *Glossary of Terms*)

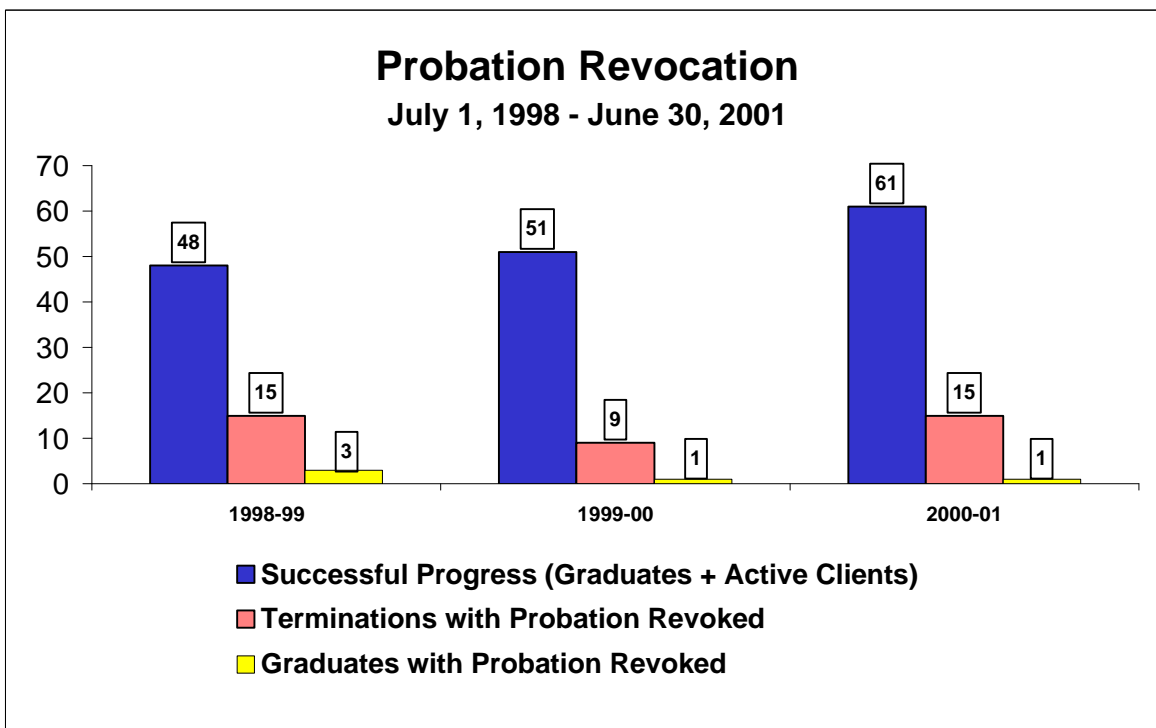
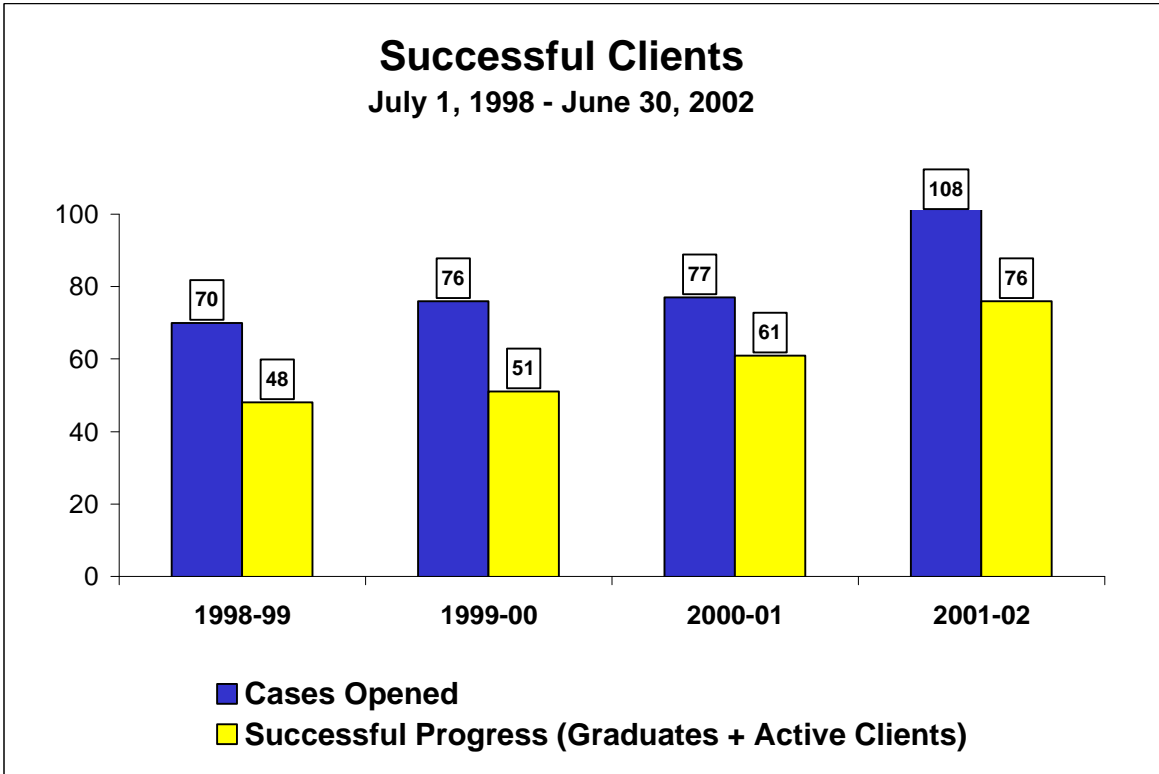
	FY <u>1998-99</u>	FY <u>1999-00</u>	FY <u>2000-01</u>	FY <u>2001-02</u>
Referrals	103	132	152	188
Cases Opened	70	76	77	108
BC Jail Screening	121	114	148	152
Terminations	56	43	51	60
Graduates	24	23	26	33
Active Clients(On Schedule)	24	28	35	43
Successful Progress (Graduates + Active Clients)	48	51	61	76
Graduates with Probation Revoked	3	1	1	
Terminations with Probation Revoked	15	9	15	



The Women at Risk_{SM} Program

28th Judicial District - Buncombe

Activity Reports



The Women At RiskSM Program

28th Judicial District - Buncombe

Referral Sources

July 1, 1998 - June 30, 2002

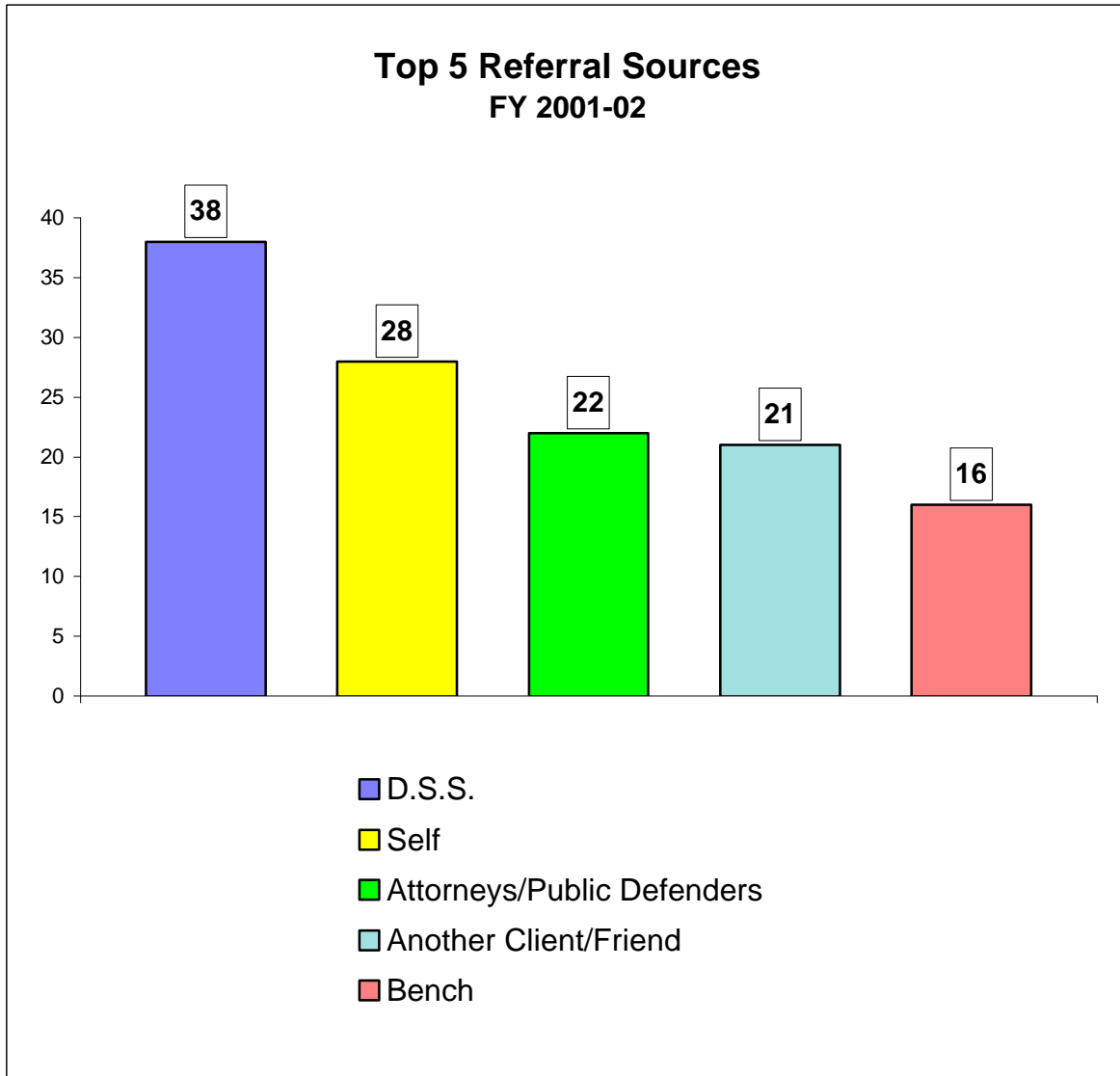
<u>Referral Source</u>	<u>FY 1998-99</u>	<u>FY 1999-00</u>	<u>FY 2000-01</u>	<u>FY 2001-02</u>
D.S.S.	2	2	8	38
Self	9	16	23	28
Attorneys/Public Defenders	20	28	20	22
Another Client/Friend	11	12	14	21
Bench	12	14	16	16
Other	4	7	18	14
W.C.C.J./S.S./W.A.R.	4	3	4	10
HELPMATE	1	0	5	9
Jail	15	16	15	9
Probation	12	11	13	7
Pretrial Release	1	3	1	3
Health Dept.	0	1	2	3
District Attorney's Office (previously counted as Atty referral)	-	3	2	2
Buncombe Alternatives/S.S.	5	4	5	2
Blue Ridge Center/MBH/De-tox	6	7	1	2
MAPSAP	1	4	3	1
H.O.P.E.	0	1	1	1
D.R.C.	0	0	1	0
TOTAL	103	132	152	188

The Women At Risk_{SM} Program

28th Judicial District - Buncombe

Referral Sources

July 1, 1998 - June 30, 2002



The Women At Risk_{SM} Program

28th Judicial District - Buncombe

Demographics of Clients Served

July 1, 1998 - June 30, 2002

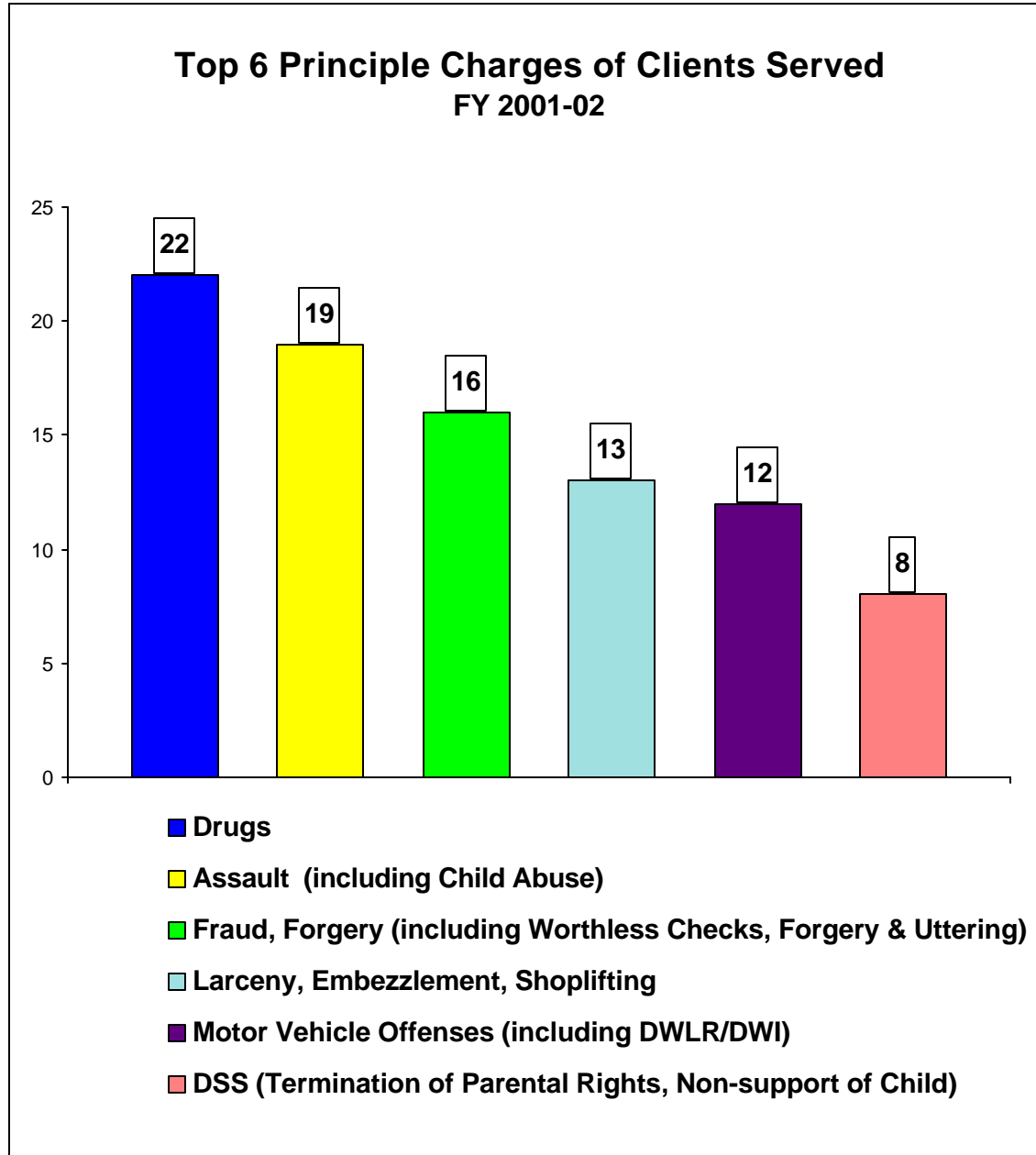
<u>DESCRIPTION</u>	<u>FY</u> <u>1998-99</u>	<u>FY</u> <u>1999-00</u>	<u>FY</u> <u>2000-01</u>	<u>FY</u> <u>2001-02</u>
<u>Cases Opened</u>	70	76	77	108
<u>Principle Charge</u>				
Drugs	13	21	11	22
Assault (including Child Abuse)	3	9	3	19
Fraud, Forgery (including Worthless Checks, Forgery & Uttering)	7	14	24	16
Larceny, Embezzlement, Shoplifting	14	11	12	13
Motor Vehicle Offenses (including DWLR/DWI)	9	3	7	12
DSS (Termination of Parental Rights, Non-support of Child)	1	0	3	8
Prostitution, Crime Against Nature	1	3	2	4
Crimes Against the Administration of Justice	2	0	0	3
Probation Violation	16	9	5	1
Trespass and Property Damage	0	4	2	0
Weapons Offenses	1	1	0	0
Arson, Burning Offenses	1	0	2	1
Burglary and Breaking & Entering	0	1	1	1
Child Sexual Assault	1	0	0	1
Robbery	0	0	3	1
<u>Race</u>				
White	51	55	57	81
African American	19	21	17	24
Hispanic	0	0	1	1
Asian	0	0	1	1
Native American	0	0	1	1
<u>Employed</u>	30	30	36	48
<u>Income Source</u>				
Wages	30	30	36	48
Work First (Public Assistance)	5	5	0	6
Food Stamps	14	8	17	27
Disability	4	8	10	12
<u>Highest Grade Completed (Average)</u>	11th	11th	11th	11th
<u>Clients who are Mothers</u>	58	59	65	92
<u>Clients with Children</u>				
Average Number per Client	2.3	2.3	2.4	2.2
Average Age of Client (at Birth of 1st Child)	19.0	19.0	20.4	20.0
Average Age of Client's Mother (at Birth of 1st)	19.2	18.0	19.3	19.6
<u>Clients who are Pregnant</u>	8	10	2	5

The Women At Risk_{SM} Program

28th Judicial District - Buncombe

Demographics of Clients Served

July 1, 1998 - June 30, 2002

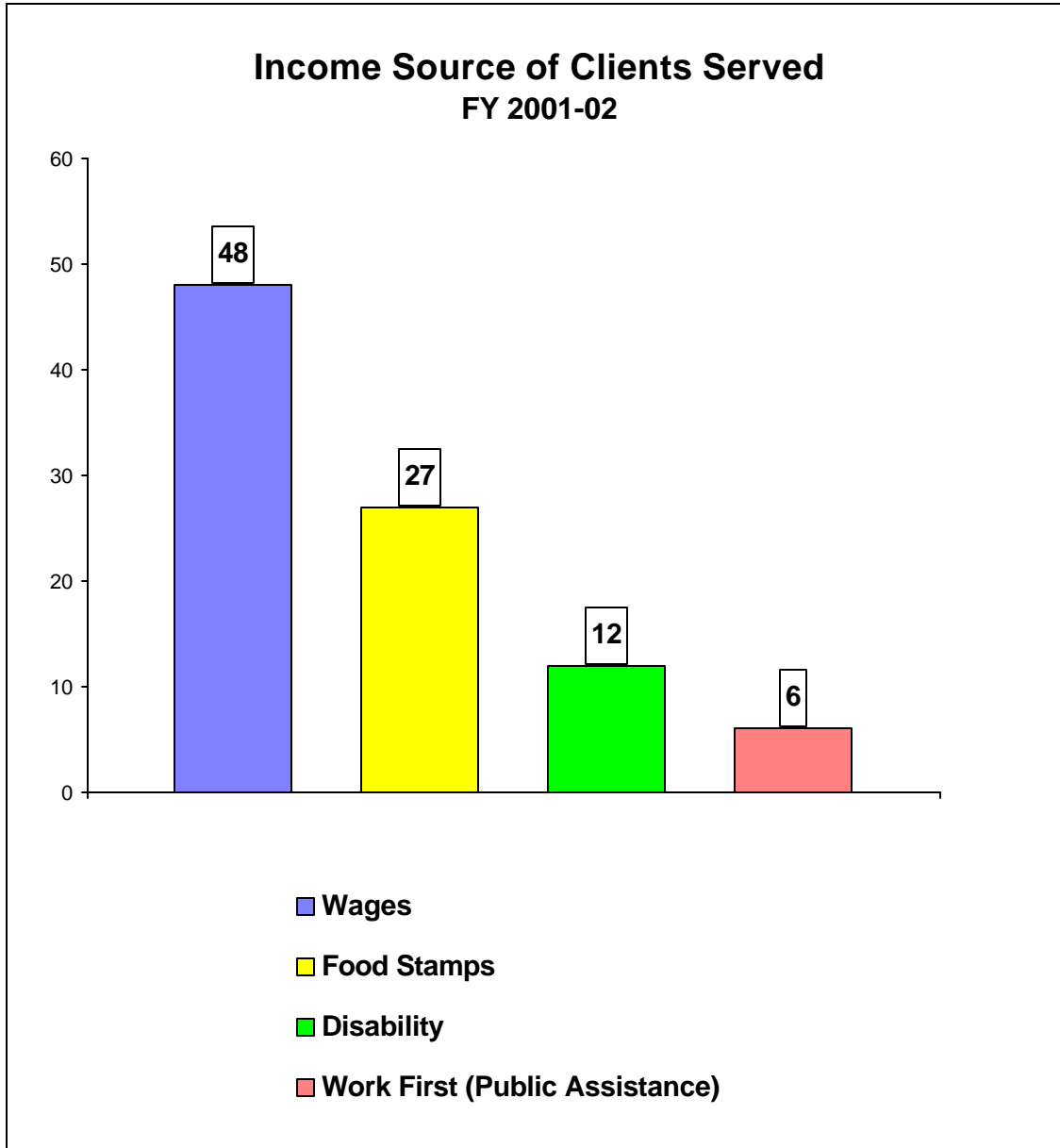


The Women At Risk_{SM} Program

28th Judicial District - Buncombe

Demographics of Clients Served

July 1, 1998 - June 30, 2002



The Women At Risk_{SM} Program

28th Judicial District - Buncombe

Operating Budget

FY 2001-02 and FY 2002-03

Income	FY 01-02	FY 02-03
NC General Assembly	187,579	225,000
Foundations	15,000	0
Buncombe County*	3,750	4,000
Churches	7,900	6,000
Client Fees	397	500
Fundraising/Misc.	3,936	7,117
Total Income	218,562	242,617

* Proposed for FY 02-03

Expenses		
Personnel	177,270	184,542
Operating Expenses	28,020	36,444
Contractual	8,519	16,765
Travel	3,416	3,529
Supplies & Equipment	1,337	1,337
Total Expenses	218,562	242,617

The Women At Risk_{SM} Program

28th Judicial District - Buncombe Cost Analysis for FY 2001-02

ACTIVITY <small>(See Women At Risk Glossary of Terms)</small>	FY	FY
	<u>2000-01</u>	<u>2001-02</u>
Referrals	152	188
Cases Opened	77	108
Successful Progress (Graduates + Active Clients)	61	76

Average Daily Costs of Women At Risk Program FY 01-02 (Based on Total Operating Budget)

	[Total Operating Budget/365 days = Daily Basis/# Cases Opened = Average Daily Cost(ADC)]				
Cases Opened	\$218,562.00	365	\$598.80	108	\$5.54
	[Total Operating Budget/365 days = Daily Basis/# Successful Progress Cases = Average Daily Cost(ADC)]				
Successful Progress	\$218,562.00	365	\$598.80	76	\$7.88

Average Daily Costs of Women At Risk Program FY 01-02 (Based on State Appropriation)

	[State Appropriation/365 days = Daily Basis/# Cases Opened = Average Daily Cost(ADC)]				
Cases Opened	\$187,579.00	365	\$513.92	108	\$4.76
	[State Appropriation/365 days = Daily Basis/# Successful Progress Cases = Average Daily Cost(ADC)]				
Successful Progress	\$187,579.00	365	\$513.92	76	\$6.76

Average Daily State Correctional Costs of Women At Risk Program and Probation

	<u>FY 01-02</u>
WAR Successful Progress (\$ 6.76) + Regular Probation (\$1.89) =	\$8.65
WAR Successful Progress (\$ 6.76) + Electronic House Arrest (\$6.41) =	\$13.17
WAR Successful Progress (\$ 6.76) + Intensive Probation (\$12.23) =	\$18.99
<u>Average Daily State Costs for Minimum Custody Inmate</u>	\$54.02

The Women At Risk_{SM} Program

28th Judicial District - Buncombe
Cost Analysis for FY 2001-02

Average Daily Costs (ADC) for Women At Risk and the State FY 01-02

ADC of WAR Successful Progress - State Appropriation	\$6.76
ADC of WAR and Regular Probation	\$8.65
ADC of WAR and Electronic House Arrest	\$13.17
ADC of WAR and Intensive Probation	\$18.99
ADC for Minimum Custody Inmate	\$54.02

